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# Mrs. Rowe's Restaurant Cookbook: A Lifetime Of Recipes From The Shenandoah Valley



## Synopsis

A collection of beloved comfort food recipes from the legendary Shenandoah Valley restaurant, Mrs. Rowe's. In 1947, single mother Mildred Rowe started a small restaurant in the foothills of Appalachia. Today, her restaurant serves half a million locals and visitors a year, making it the most popular reason to stop over in Staunton, Virginia. MRS. ROWE'S RESTAURANT COOKBOOK tells the story of this Shenandoah Valley institution and collects the best of Mrs. Rowe's cherished home-style recipes--timeless American comfort food like spoon bread, fried chicken, and cherry pie. Illustrated with beautiful vintage photographs, this nostalgic tribute is guaranteed to fill hearts and bellies with a hankering for a real home-cooked meal.

## Book Information

Hardcover: 240 pages

Publisher: Ten Speed Press (October 1, 2006)

Language: English

ISBN-10: 1580087345

ISBN-13: 978-1580087346

Product Dimensions: 8.2 x 0.9 x 10.3 inches

Shipping Weight: 2 pounds

Average Customer Review: 4.8 out of 5 stars See all reviews (35 customer reviews)

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## Customer Reviews

The recipes are well written, use basic ingredients found in most kitchens, and are very easy to make. The recipes are for the dishes from your grandmother's kitchen: Sunday dinner, weekend breakfast, holiday favorites, and family get-togethers. The book also tells of Mrs. Rowe's life, an independent woman far ahead of her time. If you are in Virginia on I81 at exit 222, stop at Mrs. Rowe's Family restaurant (has been there for almost 60 years) for a snack (best pies around) or a meal. I have been doing so for over 20 years. But buy her cookbook at - it's much cheaper.

My family and I have eaten many meals at Rowe's Restaurant through the years. As I read this book, I felt that I was right there beside Mildred Rowe, talking, laughing with her, eating her delicious

food and even picking apples! Mollie Bryan has captured the real Mildred Rowe and did a wonderful job of portraying the beauty of the Shenandoah Valley of Virginia. This book is well done and a tribute to an exceptional lady. The recipes, all tried and true, make this book a real treasure.

I actually purchased this book for my Sister-in-law for her 70th Birthday as she came from the Shenandoah area. Her husband is the cook of the family and told her it was time she got back to her "roots". Let's see how she does! My husband and I actually ate at Mrs. Rowe's Restaurant a few years ago and I had my first taste of Spoon Bread - it was great as was the entire meal. It was a Sunday around noon (we were traveling from FL to VT) and the restaurant was full of locals that had just come in from church service. They were all dressed up - including the men in ties, ladies in dresses and children in their Sunday best. It was like going back in time to the 50s when we all did this. So skip those chain restaurants and stop in at Mrs. Rowe's - Exit 222 of I-81 in Staunton, VA and have a taste of the past - it is delicious!

After my Mom moved to Staunton ten years ago, it wasn't long before we heard about Rowe's restaurant. We've eaten there many times, and naturally had to pick up the cookbook as well. It is worth it for the Peanut Butter Pie recipe alone. I've made that pie a dozen times, each time with great results. I've ordered this book a few times, at my Mom's request so she can give it as a gift. It is highly recommended.

Calling all Southern gals, or those that wanna cook like one! This is an excellent Southern cookbook. After my Mom passed, so many of her old Southern recipes died with her. Sadly, I did not get some of her recipes. Mrs. Rowe's recipes are very close to my Mom's Kentucky recipes. All kinds of breads, sauces, gravies, and even some preserves. Soups, salads, stews, side dishes, country cooked green beans, delicious meats, ribs, chicken, cakes, and pies. Yes, and so much more. Wonderful book about Mrs. Rowe's life and hard work. I also recommend Mrs. Rowe's Little Book of Southern Pies. It's excellent too. If you're looking for old country home-cooked recipes, this is the book you're searching for.

Mrs. Rowe's Restaurant Cookbook is aesthetically beautiful as well as beautifully written! Ms. Bryan brings the Rowe family to life in this vivid biography. The book also paints a portrait of local life in the Shenandoah Valley. Full of photographs and recipes, the book pleases on many levels and will appeal to everyone!

I love this book, it's full of great recipes and at the same time it narrates on the lives of Mrs. Rowe's family. It's a great book, I recommend it 100%. I made the Pound Cake recipe and it's the best.

What a great book! Even if you just read it for the story of Mrs. Rowe alone you won't be disappointed. I bought this book to try the Brownstone Cake though...so will have to report back later. There are very few modern day cookbooks that feature such wonderful old-fashioned recipes as this one does.

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